



# The Study-L'école Internationale

Dr.K.M.Cherian Educational Society
(Affiliated to CBSE, New Delhi. CBSE Affiliation No. 2930004)
Pondicherry-605014



# NEWSLETTER

"I think for any relationship to be successful, there needs to be loving communication, appreciation, and understanding."

-Miranda Kerr

Communication takes a lead role in today's electronic world. Positive and loving communication, appreciation and understanding makes it important for schools to be well connected with the parents.

Undoubtedly The Study is well connected with its parents: telephone calls, emails, letters and meetings to keep them informed on the various happenings of the school. Yet, we feel we need to foster a connection between the classroom and home. Acknowledging this, we have moved on to the next level of communication, The Study Newsletter.

The newsletter is an attempt to bridge the gap between home and school. It is a yearlong responsibility for every school to keep their parents up to date on their child's school life. A small write-up on the happenings in their child's classroom can help the parents connect to the classroom and as well keep them well informed about the activities of the other classes. This venture is indeed an attempt to keep the trust of the parents on the school.

The Study aims to publish this newsletter on a quarterly basis, with a theme for each quarter, unveiling the unique talents of students in the form of: articles, art work, health tips, healthy snack box recipes and ways to improve their IQ level through some quizzes and puzzles.

By, Mrs. Jothi, Teacher

# EDITORIAL

"Words are singularly the most powerful force available to humanity. We can choose to use this force constructively with words of encouragement, or destructively using words of despair. Words have energy and power with the ability to help, to heal, to hinder, to hurt, to harm, to humiliate and to humble."

Yehuda Berg

Feedback empowers people to improve and grow; they refer to the output or reaction to a performance. They share opinions and help one to introspect their skills, strengths and weaknesses. It gives one the insight to use ones capabilities to its maximum which paves the way for growth and always keep one motivated.

With schools shut down, the task of imparting knowledge to our children became a very big question mark. We, The Study family, take pride in the fact that we were among the pioneers in

starting on line classes in Puducherry. All the teachers of the family were not computer savvy (of course they have become very savvy now) but they tried their best to cope, keeping in mind the future of the children. The one and only thing which motivated the staff was the feedback letters from YOU parents which makes it going. It is imperative to give these feedbacks a vital position in the Newsletter.

The first edition of Newsletter has within it the motivating words of the parents with some works of our kids who also adjusted to the changing situation. Hats off to all the little ones of The Study family.

By, Mrs. Jothi, Teacher

#### IN THIS ISSUE

Page 1 - Be a hotspot for compassion.

-That's one small step in technology... a giant leap in education.

- For children, by children.

Page 2 - Feedback Letters

Page 6 - Covid 19

- दया

- ஏன் வாசிக்க வேண்டும்?

Page 8 - Healthiest Greek salad in Indian style

# 

Edition No: 1

# THAT'S ONE SMALL STEP IN TECHNOLOGY... A GIANT LEAP IN EDUCATION

The Study takes pride in the fact that the pandemic lockdown did not deter us from providing service for our children. When every other industry came to a standstill, and resulted in physical closure of schools and colleges, the teachers did not give up. We challenged ourselves with, "What Next?"

We got our students engaged with e-learning through digital platforms. The response from parents and students was overwhelming. The entire Study family is now geared up to herald the arrival of the new normal.

The new generation of kids, though engaged with gadgets for learning and entertainment most of the time with the forced lockdown situation have not lost the warmth of reaching out to mankind. The staff and students volunteered to contribute their savings to reach out to the victims of COVID 19. Their compassion and generosity translated as an excellent contribution to the Chief Minister's relief fund which was acknowledged with waves of gratitude.

I would like to thank all my dedicated staff for making this whole new learning experience possible... inculcating the values of service before self in the young minds and to be compassionate at all times.

The Sun never sets at The Study when it comes to giving holistic education to our students...No matter WHAT!!!

With pride in my heart I wish all my staff and students to march on with courage.

Mrs. Alice Kisku Principal



#### **BE A HOTSPOT FOR COMPASSION**

"If your compassion does not include yourself it is incomplete". This quote by Buddha can be the transformative mantra for healing the world today.

One may counter this by pointing out that excessive ego, which is a result of inordinate self-love is the reason for the crisis afflicting the world.

To an extent this is true; but not entirely so.

Compassion does not stop with the Self, but, begins here.

Compassion is not about inflaming the ego, but, melting it in the altar of empathy.

A truly compassionate person will not allow her Self to be destroyed, in the process of wrecking others. She will treat her body and mind with kindness; and, extend it to others. Every act of empathy can soothe the Self and the society.

Only a fragrant flower can spread a beatific aroma when it blooms.

Only a compassionate individual can nurture with an angelic grace by just being.

You can only share what you have.

Let us keep the Wi-Fi of our compassion unsecured always. Let us expand the circle of our connectivity. Let us reach out to individuals who require more bandwidth to allow buffering of positivity and motivation.

Each one of us can pledge to be a 'hotspot' for compassion. Shall we?!

Remember, adevice needs to have internet capability before it can become a hotspot.

Hence, start with the Self! Will you?!

Ms. PUNITHA LAKSHMI Teacher



#### FOR CHILDREN, BY CHILDREN

COVID-19 has changed our perspective of taking all the privileges in our life for granted. We can say that it made us to reflect and rearrange the priorities in our life. Especially to our STUDYITES, it taught how to respond to human sufferings as a society.

Amidst many sufferings and losses it has created, our students thought of the damages that the pandemic has inflicted on children especially the underprivileged. Their concern gave rise to the COVID-19 FUND RAISER - FOR CHILDREN, BY CHILDREN. The whole study family came together, definitely not out of compulsion but out of compassion.

"True compassion means not only feeling another's pain but also being moved to help relieve it".

Standing as an example for the above quote our students presented an amount of Rs. 1,81,122 to Hon'ble Cheif Minister Thiru. V. Narayanasamy towards Puducherry Cheif Minister Relief Fund Covid-19, especially for the benefit of under- privileged children.

It wouldn't have been possible without the support and encouragement of our Chairman, our beloved Principal and the whole school management.

Hats off to our STUDYITES- Passionate Learners, Global Citizens, Future Leaders.

By, Mrs. SRI THURCCA S, **Teacher** 

# Tips for Healthy eyes



Of all the senses, sight must be the most delightful
- Helen Keller.

Yes, eyes are the most precious gift and we need to take care of them.

#### **Tips**

Here are a few tips to keep our eyes healthy especially these days when we are exposed to computer and mobile screen for long hours.

- \* Keep the top of computer screen slightly below eye level.
- \*Keep the computer screen within 20"-24" of eye.
- \* Adjust lighting to minimize glare on the screen.
- \*Blink frequently.
- \*Take a break every 20 minutes to focus on an object 20 feet away for 20 second.
- \* Use lubricating eyedrops to soothe irritated, dry eyes.

#### Apart from the above we need to

- \* Eat a Balanced Diet- foods rich in antioxidants, like Vitamins A and C; foods like leafy, green vegetables and fish.
- \* Exercise regularly-Exercise improves blood circulation,
- \* Get a good night's sleep-good rest will support the health of the eyes.
- \* Wash hands-Keeping hands clean is very important when it comes to preventing the eyes from infections.
- \* Wear Sunglasses- Wearing sunglasses with both UVA and UVB protection is advisable to protect our eyes from harmful ultraviolet (UV) light from the sun.

Over and above, a regular eye check-up is the best way to protect the eyesight.

By, Mrs. Geetha Ravi

# Thank you Parents, for the feedback!

Come pandemic or high water, normal life must continue. To that noble end The Study teachers, students, and management, staff, and parents put their efforts together and changed the avatar of the classroom. It was a herculean task to get started, to be sure, but the indomitable spirit of The Study family came out with flying colours.

We give you a just a few of the motivational responses from parents and well wishers that have given impetus to our cause.

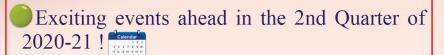
#### Dear Madam,

Conducting classes through the Microsoft Teams platform is a great initiative taken by school. This shows STUDY commendable effort, by using technology, to overcome the difficult situation. In this lockdown period, children are the most affected as they have lost their freedom to go out and play and engage in other outdoor activities. The commencement of classes through Zoom is greatly welcomed by the kids and parents. It has helped them in utilizing their time in a productive manner and in doing many fun assignments.

So the school management deserves great appreciation for these online classes. It takes a lot of effort and planning and needs support from both teaching and technical staff. Also, the great leadership of the principal requires special mention. Let's fight against COVID 19 together!!!

--Girish C (Father of Adwitha G., VI-C)

# The Way Forward



- On a perfect 'Rainbow Day', the Kindergartners plan to do 'Fireless Cooking'!
- The primary schoolers plan to spread harmony through their dulcet tones in the 'Singing Competition'!
- Our articulate orators from middle school will be delivering speeches in four languages during the 'Elocution' competitions!
- And the entire school is going to have a field day during our virtual 'Field Trips' !!
- That's not all, we may have a few surprises in store regarding Sports Day & Triathlon...planning in progress.

Stay tuned for details on these events!



Dear Madam,

I am glad to express my deep thanks and appreciation for all the efforts that your school officials exerted in preparing the online classes. I was really impressed by your innovative methods of teaching and the way you used it in the learning process. My kid spent a very amazing time in your online classes. I have very good memories about it.

Thank you again. Wishing you the best and hopefully that you will achieve more success and prosperity for your school.

Best regards. --Kamaraj Shanmugam (Father of Thanvin Chiddarth K., I-B)

Respected Sir/ Mam,

I am Shiva shankari mother of Joanna of 2nd std D section. I'm here to give a very positive feedback of Kiranya Henderson Mam, the class teacher of 2nd D. So far she has handled the online classes very promptly and well. Her teaching is clear without confusion and she's very patient. Clear voice, kind towards kids. Over all I'm happy my daughter has a teacher who is very good at teaching and handling children without over powering them.

Thank you, Yours truly, **Shiva shankari** 

Respected Principal,

This is a letter of thanks to all the teachers who have taken an extraordinary effort in testing times. When the lock down started, we were apprehensive about how to keep the children engaged. But thanks to your efforts, we are having smooth sail sailing. Our sincere appreciation to the school, especially the principal and her team for switching over to technology and reaching out. With this new initiative, the children also have started adapting themselves quickly and we were amazed to see the children sync with teachers. We also understand the efforts taken to streamline the classes within a short span of time and make it work. Kudos to the dedicated teachers and enthusiastic children.

In addition to the personal demands of working from home, we see the professionalism of the teachers in uploading of videos, notes, worksheets etc. and answering the unending ueries of children. We see their patience in accepting the 'ok mam', 'yes mam' conversations, curiosities, anxiety messages, and efficient handling of the children while they criss-cross between personal and formal chats. Thank you teachers, and keep the good work going.

We saw the happiness in the children's faces after connecting to the teachers and friends online and smiles when the teachers interact or when the class teacher or principal joins the group. Side by side you have also kept the parents on their toes to get the homework done.... a big task. This is a new experience for the children to be on a holiday as well as at work, giving them a feel of how the world will be in the near future.

We thank and wish the best for the wonderful teachers, principal and the administration for keeping the children focussed on academics, which has helped in diverting them from the fears of the pandemic and providing an environment for self engagement and social distancing.

Thanks and best wishes, **Dr. N. Ganeshan & Dr. C. Aruna (Parents of G. Thapaswn, X-B)** 

Online Classes for 10th standard of The Study have been going on for the past 10 days. It is a historical happening of conducting classes with technology rather than the blackboard teaching. The necessity came because of the pandemic situation due to the spread of Corona virus, the so called COVID - 19. From my perspective, the online classes are useful in the following ways:

They restore the academic ambience to the students, especially in the declared long of 21 days.

It gives opportunity to converse with the teachers and peers using technology tools which are useful in clarifying the doubts through interaction.

The given worksheets are useful to update the academic touch.

I thank the Principal, and the school management for this innovative initiation by engaging the students throughout the week. I hereby humbly state that the Chemistry class taken by Principal maám was very appealing and liked by students of 10-B. As a parent, I request you to continue the teaching of Chemistry subject for 10-B.

-- Lalitha Nagarajan

Dear Madam/Sir

First of all, I thank the school for the initiative to conduct online classes during lockdown.

Teachers are doing their best to prepare e-materials and handle the children online. As working parents, due to nationwide lockdown, we are also home and able to sit with them to help them use the internet efficiently for studying instead of wasting the data package, Children are happy about the daily 40 minute classes when they also get to meet their classmates online. They do their homework and the activities shared by their teachers.

Though the class and assignments are given online, students surely miss the individual attention, guidance and care given by teachers to make students understand the concepts/ We have notice that they (primary level students) get worried when they are not able to follow, or hear the voice due to network issues. I hope, soon we all will get relief from COVID-19, and teachers and students can achieve 100 % in the teaching-learning process. Once again we take this opportunity to thank our school principal, teachers and management for online classes.

We are proud to be a part of The Study school. **Thank you, With Regards,** 

P. Salini

No "Thank You" would ever be enough for your decision to reopen the school on 1 April 2020 as per the schedule.

Unfortunately, I had had to take my child out to the nearest ATM and thereafter to the market for buying some essentials immediately after the announcement of the lockdown on 24 March. And she came back home thoroughly traumatised because the streets had been dark, scary, and completely desolate.

The opening of the school was like the much eagerly awaited ray of hope beyond the seemingly endless dark tunnel! This was like the beginning of return to sanity! It felt as if somebody lent a hand so that we could start getting a grip on the situation!

I am so surprised to find how my child's Class teacher, Language teacher, PT teacher, Phonics teacher have all been trying to make the virtual classrooms as real as possible. And the homework they have been giving is so engaging. I am so pleased to learn that there are two teachers appointed for a class: in case one teacher experiences technical glitches, the other can step in. Also, the well-thought-out and well-prepared lesson plans certainly deserve a very special mention.

My most sincere apologies to all the children of The Study and beyond. As a parent I am so sorry that we couldn't hand you over a better world than this! This is not the

age when we should ask you to stay home, stay indoors; rather the age when parents should ask you to go and explore the world, "Climb every mountain, Ford every stream, Follow every rainbow, 'Till you find your dream."

A huge applause for the online party! What a brilliant concept to start the vacation in a cheerful manner. Thanks for teaching the children to remain cheerful and chirpy no matter how difficult the times are.

I am very optimistic that with the help of the supportive teachers like you, the children will manage to get over the trauma of these days very quickly. The way you all have been guiding them through these days would surely turn them into much better and responsible inhabitants of planet earth.

I must say, like all the angel warriors, doctors, nurses, media people, and everyone else, who have been ensuring that our life goes on in the habitual rhythm, you all are warriors too. My salute to the Principal Ma'am, all the teachers and staff of 'The Study'.

May God bless you all for your dedication!

Regards, Debbarna and Pijus (Parents of Cataleya Banerjee, I-D)

It gives me immense pleasure to render the feedback for the efforts taken by the school authorities for taking initiations to conduct online classes especially for the little ones. Firstly, I would thank the efforts taken tremendous by the kindergarten teachers for executing the online class in a successful manner. It's a herculean task indeed. The day one when my son was exposed to online class, he was feeling slightly out of place and couldn't get acclimatised to the screen. The basic reason is that, he was missing the presence of his teachers. At this age of 4, where their psycho motor skill is gradually progressing, teachers play a pivotal role thereby. I congratulate the teacher's francina mam, aluna mam, subhashini mam, preethi mam, bharathi mam, priya mam and other teachers who have facilitated quality teaching to little tots. My sincere thanks to the school authorities for revamping the schedule of online class according to kid's mentality and parent's convenience. I'm sure the children would benefit through online mode of teaching though they would definitely miss the conventional teaching especially seeing the teacher, speaking in person, imbibing values etc. No doubt teachers act as perfect role model. I'm sure our kindergarten teachers exists as role model for the tiny tots. For instance, Shankari mam remains as a role model for my son till date as she is his first teacher at the school level. I earnestly hope we would overcome the alarming pandemic situation soon and kids get back to school at the earliest. Thank you!!!!!Stay Safe!!!!!

Narayanasamy Sangeetha (Child Name: P.Pawanuj Skandaa Krreish, SKG B)

We are really pleased with the distribution of the books and accessories from the school. Thank you all for putting forward a lot of effort and hard work for this distribution and to all the school staff and drivers who have helped execute this plan.

-Murugan (Parents of Dhanaa Shree. M 9th EL, Divya Shree. M 7th EL) This Microsoft Teams class is very useful for us. This online class is very different and a new method of teaching. So my kid is very eager to learn joyfully and also get knowledge about technology. It helps to reduce the gap in their studies and nothing is forgotten in this lockdown.

--Anu Raja

Dear Madam,

I am Surya, Lakshan's mother. He is in IX 'A' sec.

The value education class is very useful. Thanks for teaching good values to the students. This is what more important in their life.

I thank the school principal and the management for making it. Please make this class compulsory even after the school opens. Thank you.

yours truly,

R. Surya.

Respected Sir/Madam,

# \*It is not the strongest of the species, nor the most intelligent, but the one most responsive to change- Charles Darwin\*

Change is inevitable in everyone's life and in every sphere of life. Any change which makes things easier should be embraced. We are living in a digital world where everyone is using smartphones not only for communication purposes but to search for required data and information via the internet. With the advancement of android mobiles, everything is being done online. Right from the food we eat, the clothes we use, banking transactions we make, cinema tickets we book, online is the order of the day. Certainly online class is a boon to every student. More than 7.1million students are currently taking at least one online course. Some of the key benefits are:

- 1. Physical presence is not required and flexibility in timing.
- 2. It helps the students to embrace the technology quickly.
- 3. Facilitates the ability to think critically.
- 4. It makes them more responsible and self-disciplined.
- 5. It helps to communicate in multiple ways.
- 6. Group communication and discussion is possible.
- 7. Thus online classes can be a better fit for the future generation. Online classes will help them to make use of the resources and technologies which they are already using in day-to-day lives. The COVID-19 pandemic has created a chaotic situation and it is crucial for every family member facing the lockdown down. The lockdown period is really stressful. To stay at home without doing our routine work makes us uncomfortable, unhappy, and lethargic. A stressful situation is also faced by our kids. By having online classes our kids are happy and are totally engaged apart from their playfulness. The continuity in their studies may be lost without online classes and it would be really cumbersome to cope up when the school is reopened. As a parent, I welcome this initiative and it is very much needed for the present situation.

Students are in a comfort zone. All lessons and needed guidelines are provided via an online platform. Under the current scenario, we are given effective coaching as face to face education. Required homework and project works keep the children in touch with the curriculum. They are getting a chance to know the new technology.

Our Class Teacher and Teachers are the best to handle the stars of 3rd D.

Our kids are enjoying the Virtual class session.

Thanks to the Honourable Chairman, Our Beloved Principal Mam, Vice Principal Mam & The Study School team.

Regards,

N.Prem Kumar, F/O P.R.Tejwin, 3rd D.



#### PONDICHERRY UNIVERSITY SCHOOL OF HUMANITIES DEPARTMENT OF FRENCH PUDUCHERRY

Dr. Ritu Tyagi Assistant Professor

Off: 0413-2654857 Mobile: 9655808619

#### **Feedback**

From: Dr. Ritu Tyagi Assistant Professor Department of French Pondicherry University Puducherry 605014

Mother of ward Riddhi Sinha Class II A ID No. TS-2691

Online teaching during these difficult times of Covid -19 is indeed a huge challenge for all schools. Teachers have to handle course load online as well as be present for their families at home. I am indeed very impressed by the teacher community at Study School as Study was able to transcend the challenge of teaching students by providing apt and timely training to teachers in online teaching methodology. This has been very useful to students as well as their parents. The teachers are putting in lot of effort to prepare the classes in a manner that even remotely they are able to grab attention of their second graders. The videos and ppts introduced in online teaching keep the students glued to their classes. My ward particularly looks forward to attending all the classes. Having an activity based class like music, arts etc in addition to content based classes is also a great idea. It gives the students an opportunity for all round development.

I was particularly impressed by Riddhi's Hindi teacher Mrs. Bharathi who meticulously prepares interesting classes and presents information in a friendly manner to her students. She is also a great observer and pays particular attention to each and every student. This is something very important at this early stage of student's lives. She tries to understand each and every student and accordingly manipulate her pedagogical methodology. The students benefit a lot from this strategy.

Riddhi's class teacher Mrs. Hema is also a great teacher and very conscientious person who attends to the needs of each and every student. She, too, is very friendly and in addition to giving content based information she tries to manage the stress that the students are undergoing as they are locked in homes.

My good wishes to all the teachers at Study School.

Respected Principal Mam,

I am Mrs.SHELEENA, mother of DEVARCHANA (IC).

I would like to share my impression on the videos posted by the teachers of first standard. These thoughts were lingering in my mind from the moment I watched those videos. But due to my own hectic schedule of online classes, I couldn't convey them till now. But I think "Better Late than Never", especially when it comes to good words of appreciation.

What struck me most about the videos was that a teacher (ANAMIKA MAM) felt the need to post a video to deal with pronunciation of letters. Not a lesson, not even the pronunciation of words, but the key focus is the pronunciation of letters - vowels and consonants. Well Begun is Half Done. Thus commencing the learning of a language with the correct pronunciation of letters is the best way for mastery of speaking skill in it. There are many means to learn and improve pronunciation in English. But being a parent from South India, with multiple misleading videos in You Tube, a video made by the teacher is really trustworthy and reassuring. The teacher's confidence and vibrancy instills interest in kids and boosts their energy.

The videos of English and Maths by JENIFA MAM, SIVASANGARI MAM, PADMAPRIYA MAM and PRATHIKA MAM are equally praiseworthy. Enactment of the story 'The Sun and the Wind' is really a treat. My daughter likes to listen to it while going to sleep. Thus while her mother is busy with preparations for next day's online classes, she listens to bedtime story from her teachers.

Thank you mam for your able guidance which makes all this possible.

Thank you and your whole team - The Study Family

Sincerely SHELEENA C

We are encouraged by your feedback. Please visit http://thestudylecole.edu.in/P-Feedback.html for more

#### दया

दया शब्द का अर्थ है करूणा यानि खासतौर पर यह दयानु गुण वांचितो या गरिवों एवं सभीप्राण्यों ,जानवरों या दोनों के प्रति सहानुभूति उत्पन्न हों । संकृत मानावों में यह स्वभाव या गुण प्रायः मौजुद है । यह करूणा भाव हर एक में देखा जा सकता है । ये गुण जनम से सब में पाये जाते हैं । इसी को हम प्रकृति या स्वभाव से भी जाना जाता है । हर दिन कई मानवों के जीवन में देखी जा सकती है । करूणा एहसान और विशेषाधिकारों के समान नहीं है । प्रायः एहसान लोगों पर उपकार या मदद अर्थात् दया से मानुम पड़ता है । किसी विशिष्ट व्यक्ति को विशेष रूप से मिलनेवाला अधिकार होता है विशेषाधिकार । दया बदले में कुछ भी उम्मीद किए विना असंवंधित प्राणियों के प्रति होता है । तिमल साहित्य में यह प्रचलित है कि 'करूणा' के कारण दुनिया प्रवल और पनपती होती है । इसलिए हम सभी को वचपन से ही इस गुण को वचपन से अपनाना चाहिए। यहाँ तक 'ईसा मसीह' में पूरी दुनिया में लोगों की खातिर अपने प्राण त्याग कर चुके थे।

मानव सहानुभूति दिखावें तो वह देव वन जाता है। न तो गया बीता जानवर वन जाता है।

अतः भावी नागरिकों से अनुरोध है कि सब के प्रति दया दिखावें

कमला मनिगंडन आठवीं कक्षा

# COVID-19

Tout le monde parle du démon, la COVID-19. Mais qu'est-ce que c'est exactement ? La COVID-19 est une maladie très infectieuse causée par une nouvelle souche de coronavirus. Les symptômes les plus fréquents de la COVID-19 sont la fièvre, la toux sèche et la fatigue. La plupart des personnes se sont rétablies de la maladie. Peu de gens développent des complications graves, comme la pneumonie. Jusqu'à présent, aucun médicament contre ce virus n'a été trouvé. Les meilleures façons de prévenir le coronavirus sont de suivre les instructions nationales en matière d'auto-isolement, de porter un masque, de rester à une distance d'au moins un mètre des autres personnes. Il est important de se laver systématiquement les mains et de toujours respecter les règles d'hygiène respiratoire. Ce sont les meilleures façons de se protéger et de protéger les autres. Enfin, n'oubliez pas de rester en sécurité et en santé.

-Tanisha.P, (VIII-C)

# ஏன் வாசிக்க வேண்டும்?

என்னும் பெருங்கடலில் வழி காலம் விளக்கமாக காட்டும் கலங்கரை உள்ளவையே புத்தகங்கள் ஆகும். "படிப்பதில்தான் நான் அதிகம் விருப்பம் கொண்டிருக்கிறேன் அது தரும் புத்துணர்வுக்கும் வாசிப்பு இன்பத்திற்கும் நிகர் இல்லை", என்கிறார் வேறு எதுவும் எழுத்தாளர் எஸ். ராமகிருஷ்ணன். பரந்துபட்ட வாசிப்பு சக மனிதாகளை நன்றாக புரிந்து கொள்ள வழி செய்கிறது. அவர்கள் இடத்தில் நம்மை வைத்துப்பார்த்து உணர்ந்து கொள்ள செய்கிறது. புத்தகங்கள் உதவி நிச்சயம் அனைத்தும் நமது ஆன்மா வெளியே பார்த்து மகிழும் ஜன்னல்களைப் போன்றவை முதல் முறையாக ஒரு புத்தகத்தை படிக்கும் போது ஒரு புதிய நண்பரை பெற்றது போல் அமைகிறது. அதே புத்தகத்தை இரண்டாவது முறையாக படிக்கும் போது பழைய நண்பரை சந்திப்பது போல் இருக்கிறது. உடற்பயிற்சி என்பது உடலை உறுதி செய்கிறது. வாசிப்போ மனதினை வலுப்படுத்துகிறது. வாழ்வில் நாம் அடைந்த ஓர் அவமானத்தை ஓர் இழப்பை நாம் படிக்க<mark>ும் புத்தகங்கள</mark>் ஓர் நோயை, மூலம் சமன் செய்து <mark>கொள்ள முடியும</mark>் நாம் வாழ்க்கையில் என்றால் அஞ்சக்கூடியதாக ஏதுயில்லை.

நா.கமலினி, X-ஆ

#### SU DO KU

Fill the missing numbers in these grids where each row and column of the big square add up to the same total.

# 1. The sum is 58

9		15	6
8			
	7	13	
23			19

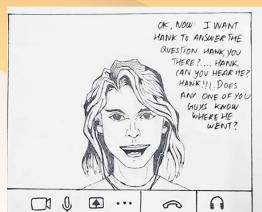
# 2. The sum is 43

	15		18
	6	7	
10			5
	18	9	

# 3. The sum is 36

	12	4	12
3		17	
	2		
15			4

# **COMIC STRIP**













By, Pranavesh M.A, X-D

#### **PUZZLE**

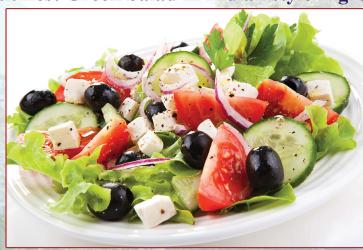
- 1. What is greater than God, more evil than the devil, the poor have it, the rich need it, and if you eat it, you'll die?
- 2. Voiceless it cries, Wingless flutters Toothless bites, Mouthless mutters.
- 3. What begins with the letter 't', is full of 't' and finishes with 't'?

Samikshiya Padhy, XII-EL A5

## **SNACK BOX RECIPE**

D 18 2 ...

# Healthiest Greek Salad in Indian style Ingredients



- 1/4 cup extra-virgin olive oil
- 2 tablespoons apple cider vinegar
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1 large cucumber
- 1/2 cup green olives
- 4 large tomatoes, sliced
- 1 large onion, sliced
- 4 cups romaine lettuce or other green lettuce of choice Half portion of paneer, diced or crumbled
- Zest of 1 lemon
- 1 teaspoon dried oregano

## **Preparation**

In a small bowl, to make the dressing, mix the extra virgin olive oil, vinegar, salt and pepper. You can adjust the amount according to taste.

In a salad serving bowl, mix the lettuce, cucumber, olives, tomatoes, onions, paneer, lemon zest and dried oregano. Mix with the dressing when ready to serve.

By, Nivedha Eiilane, Teacher

# MATH QUIZ

#### **Question 1:**

Create an equation using the below numbers and mathematical symbols.

2345 + =

## **Question 2:**

What number should replace the question mark?

 $12 \times 12 = 9$ 

 $23 \times 23 = 16$ 

 $34 \times 34 = ??$ 

By, HARINI, XI

# **SOCIAL QUIZ**

- 1. Which Indian stands at the 9th position in the Forbes Real time Billionaires list with a net worth of \$64.6 billion?
- 2. What is the ratio of the width of our National Flag to its length?
- 3. How many Chinese apps were banned by MEITY on 29th July 2020 under section 69A of the Information Technology Act, 2000?
- 4. Debrigarh Wildlife Sanctuary is in which **Indian State?**
- 5. Where is the Head Quarters of UNO located?

Aadarsh M. K

VIII-D

# **SCIENCE QUIZ**

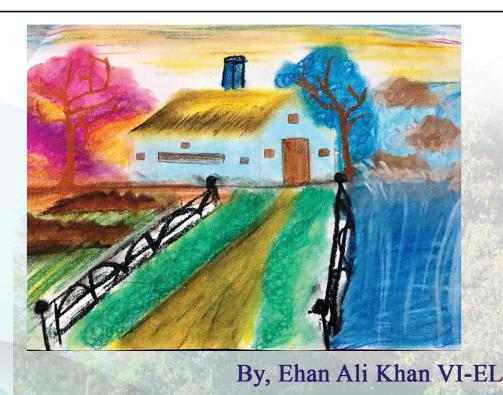
- 1. Who coined the term "Supermoon"?
  - A. Richard Nolle
- B. Michel Gauquelin
- C. Shawn Carlson D. None of the above
- 2. Haemoglobin in humans has the highest affinity for which of the following gases?
  - A. Methane
- B. CarbonMonoxide
- C. Nitrousoxide
- D. Carbon dioxide
- 3. From which among the following parts of a plant Cinnamon is obtained?
  - A. Leaves
- B. Seeds
- C. Bark
- D. Buds

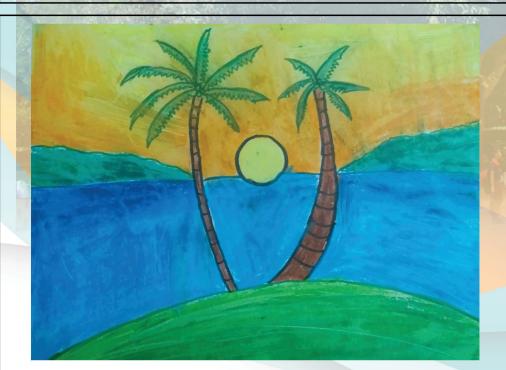
Ryan James, VII-D

# ART GALLERY



By, Deepak X-B

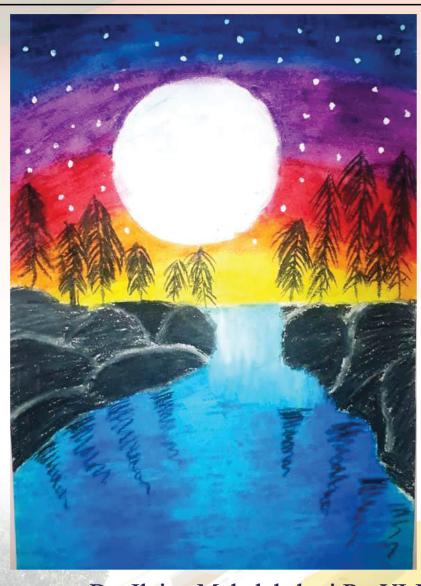




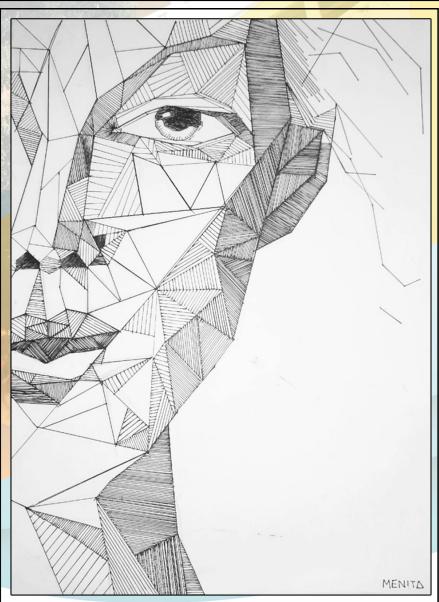
By, V. Dhanusree VI-A



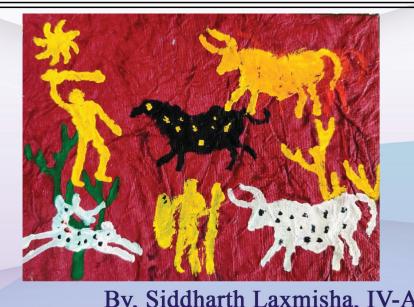
By, KASHVI .K III-C



By, Ilaiya Mahalakshmi.R VI-B



By, Menita Lakshini S.R, XII



By, Siddharth Laxmisha, IV-A